

GWENFFRWD SCHOOL MENU

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<u>WEEK 1</u>				
Spaghetti Bolognese Homemade Garlic bread crystal cookie	Fish finger Mash Peas & sweetcorn Cake & custard	Roast Chicken, stuffing & gravy Roast & mashed potatoes Fresh carrots & Broccoli Arctic roll & peaches	Filled tortilla boats Jacket wedges Baked beans Banana flapjack	Homemade ciabatta pizza Chips Vegetable fingers Chocolate orange muffin
<u>WEEK 2</u>				
Salmon fishcake Sauté potatoes Peas & sweetcorn Chocolate pudding Chocolate sauce	Chicken curry Naan bread Rice Ice cream & homemade Summer berry sauce	Roast pork, stuffing & gravy Roast & mashed potatoes Fresh carrots & leeks Apricot cookie	Beef lasagne Diced potato Peas Fruit shortbread	Chicken burger in a bun Chips Vegetable fingers Iced lemon cup cake
<u>WEEK 3</u>				
Pizza Jacket wedges Beans Jelly, mandarins & Ice cream	Cottage pie Broccoli Gravy Oaty cookie	Roast turkey, stuffing & gravy Roast & mashed potatoes Fresh carrots & cauliflower Chocolate mousse slice	Ham pasta bake Sweetcorn Crumble & custard	Salmon goujons Chips Vegetable fingers Carrot cup cake
<u>WEEK 4</u>				
chicken nuggets Potato smiles Baked beans Orange cookie	Homemade tomato soup Filled tortilla wrap with Tuna or cheese Sultana cinnamon bun	Sausage & Yorkshire pudding & gravy Roast & mashed potatoes Fresh carrots & cabbage Chocolate crispy cake	Crispy battered fish fillet Sauté potatoes peas Peaches, ice cream & Hot chocolate sauce	Beef burger in a bun, Chips Vegetable fingers St Clements cup cake

Available daily - filled jacket potato, Salad bar, & fruit salad

Starting 11/09/2017 – Week 1 : £2.15