

# Interim Primary School Menu

November 2020



Arlwyo a Glanhau

**NEWYDD**

Catering & Cleaning

## WEEK 1 COMMENCING - 16<sup>TH</sup> November

### MONDAY

Breakfast Wrap, Hash Brown and Baked Beans.  
Served with gingerbread biscuit, water & fresh fruit.  
\*Or\*

Sandwich & choice of Ham, Tuna, Chicken or Cheese.  
Served with gingerbread biscuit, water & fresh fruit.  
\*Or\*

Jacket Potato & choice of Tuna Mayo, Cheese or Beans.  
Served with gingerbread biscuit, water & fresh fruit.

### TUESDAY

Mac & Cheese with Garlic Bread Slice.  
Served with fruit yoghurt, water & fresh fruit.  
\*Or\*

Sandwich & choice of Ham, Tuna, Chicken or Cheese.  
Served with fruit yoghurt, water & fresh fruit.  
\*Or\*

Jacket Potato & choice of Tuna Mayo, Cheese or Beans.  
Served with fruit yoghurt, water & fresh fruit.

### WEDNESDAY

Roast of the Day.  
Served with strawberry jelly, water & fresh fruit.  
\*Or\*

Sandwich & choice of Ham, Tuna, Chicken or Cheese.  
Served with strawberry jelly, water & fresh fruit.  
\*Or\*

Jacket Potato & choice of Tuna Mayo, Cheese or Beans.  
Served with strawberry jelly, water & fresh fruit.

### THURSDAY

Chicken Curry & Rice.  
Served with cherry flapjack, water & fresh fruit.  
\*Or\*

Sandwich & choice of Ham, Tuna, Chicken or Cheese.  
Served with cherry flapjack, water & fresh fruit.  
\*Or\*

Jacket Potato & choice of Tuna Mayo, Cheese or Beans.  
Served with cherry flapjack, water & fresh fruit.

### FRIDAY

Chicken Nuggets, Chips & Peas.  
Served with cookie, water & fresh fruit.  
\*Or\*

Sandwich & choice of Ham, Tuna, Chicken or Cheese.  
Served with cookie, water & fresh fruit.  
\*Or\*

Jacket Potato & choice of Tuna Mayo, Cheese or Beans.  
Served with cookie, water & fresh fruit.

\*QUORN NUGGETS AVAILABLE\*

## WEEK 2 COMMENCING - 2<sup>ND</sup> November

### MONDAY

Meatball Pasta Pot & Garlic Bread Slice.  
Served with muffin cake, water & fresh fruit.  
\*Or\*

Sandwich & choice of Ham, Tuna, Chicken or Cheese.  
Served with muffin cake, water & fresh fruit.  
\*Or\*

Jacket Potato & choice of Tuna Mayo, Cheese or Beans.  
Served with muffin cake, water & fresh fruit.

### TUESDAY

Sausage, Mash & Beans.  
Served with pineapple fruit pot, water & fresh fruit.  
\*Or\*

Sandwich & choice of Ham, Tuna, Chicken or Cheese.  
Served with pineapple fruit pot, water & fresh fruit.  
\*Or\*

Jacket Potato & choice of Tuna Mayo, Cheese or Beans.  
Served with pineapple fruit pot, water & fresh fruit.

### WEDNESDAY

Baked Panini, Wedges & Coleslaw.  
Served with funfetti sponge, water & fresh fruit.  
\*Or\*

Sandwich & choice of Ham, Tuna, Chicken or Cheese.  
Served with funfetti sponge, water & fresh fruit.  
\*Or\*

Jacket Potato & choice of Tuna Mayo, Cheese or Beans.  
Served with funfetti sponge, water & fresh fruit.

### THURSDAY

Pulled Pork Roll, Mixed Salad & Coleslaw.  
Served with fruit yoghurt, water & fresh fruit.  
\*Or\*

Sandwich & choice of Ham, Tuna, Chicken or Cheese.  
Served with fruit yoghurt, water & fresh fruit.  
\*Or\*

Jacket Potato & choice of Tuna Mayo, Cheese or Beans.  
Served with fruit yoghurt, water & fresh fruit.

### FRIDAY

Fish Cake, Chips & Peas.  
Served with ice cream, water & fresh fruit.  
\*Or\*

Sandwich & choice of Ham, Tuna, Chicken or Cheese.  
Served with ice cream, water & fresh fruit.  
\*Or\*

Jacket Potato & choice of Tuna Mayo, Cheese or Beans.  
Served with ice cream, water & fresh fruit.

\*VEGETARIAN SAUSAGES AVAILABLE\*

## WEEK 3 COMMENCING - 9<sup>TH</sup> November

### MONDAY

Pasta Bolognese & Garlic Bread Slice.  
Served with shortbread biscuit, water & fresh fruit.  
\*Or\*

Sandwich & choice of Ham, Tuna, Chicken or Cheese.  
Served with shortbread biscuit, water & fresh fruit.  
\*Or\*

Jacket Potato & choice of Tuna Mayo, Cheese or Beans.  
Served with shortbread biscuit, water & fresh fruit.

### TUESDAY

Fish Fingers, Wedges & Peas.  
Served with fruit yoghurt, water & fresh fruit.  
\*Or\*

Sandwich & choice of Ham, Tuna, Chicken or Cheese.  
Served with fruit yoghurt, water & fresh fruit.  
\*Or\*

Jacket Potato & choice of Tuna Mayo, Cheese or Beans.  
Served with fruit yoghurt, water & fresh fruit.

### WEDNESDAY

Roast of the Day.  
Served with ice cream, water & fresh fruit.  
\*Or\*

Sandwich & choice of Ham, Tuna, Chicken or Cheese.  
Served with ice cream, water & fresh fruit.  
\*Or\*

Jacket Potato & choice of Tuna Mayo, Cheese or Beans.  
Served with ice cream, water & fresh fruit.

### THURSDAY

Tomato Pasta Pot & Garlic Bread Slice.  
Served with chocolate brownie, water & fresh fruit.  
\*Or\*

Sandwich & choice of Ham, Tuna, Chicken or Cheese.  
Served with chocolate brownie, water & fresh fruit.  
\*Or\*

Jacket Potato & choice of Tuna Mayo, Cheese or Beans.  
Served with chocolate brownie, water & fresh fruit.

### FRIDAY

Beef Burger, Chips & Beans.  
Served with orange jelly, water & fresh fruit.  
\*Or\*

Sandwich & choice of Ham, Tuna, Chicken or Cheese.  
Served with orange jelly, water & fresh fruit.  
\*Or\*

Jacket Potato & choice of Tuna Mayo, Cheese or Beans.  
Served with orange jelly, water & fresh fruit.