


**Wythnos arbennig** : Corff Iach a Meddwl Iach **Mai 15 -19, 2017** a'r cyfan drwy'r IAITH GYMRAEG (SIARTER IAITH)

Our "Healthy Minds and Healthy Body" week **May 15 – 19 2017**

Llun /Monday	Mawrth/Tuesday	Mercher/Wednesday	Iau/Thursday	Gwener /Friday
 <p>HENRY PLATTEN E Treble 9 E-Cadets + disgyblion/pupils + HMS i Staff a Rhieni Training for Pupils, Staff + Parents</p>	<p>Gweithgareddau ABCh 'Iach' - gan ystyried Bwyd, Ffitrwydd, Ymlacio</p>	<p>Ymwelydd/Visitor Ms Arfona Evans (Canolfan Ddŵr Brenig Brenig Water) Gweithdai ar BWYSIGRWYDD DŴR Workshops on <b><u>"The IMPORTANCE of water"</u></b></p>	<p>Gweithgareddau Amser Cylch + ABCh amrywiol Various Circle time and PSE activities Assesiad / assessment by Mr Henry Platten – E- Ddiogelwch / E-Safety</p>	<p>PC Mark Jones Bl. 2 ,4,6 "Cadw'n Ddiogel" "Keeping safe"</p> <p>Gweithgareddau YMLACIOL RELAXATION Activities</p>
			<p><b>CINIO "LLEOL"</b> (Locally sourced School lunch)</p>	
<p><b>2.55 yp</b> Rhieni/<u>Parents</u></p> <p><b>4.00yp</b> Staff</p> <p><b>6.00yp</b> Rhieni/<u>Parents</u></p>	<p>Various activities relating to Food, Fitness and Relaxation [Dosbarthiadau/classes]</p>	<p><b>1.30 yp</b> Cynulliad:-Ysgol Gyfan <b><u>Whole school assembly</u></b> <b><u>Inviting Parents and Friends at 1:30pm</u></b> Cyflwyniad gan ddisgyblion Cerdd Peripatetig Pupils Performance (Peripatetic Music) Harp/Guitars &amp; Strings</p>	<p><b>1.00 yp</b> Pêldroed Ysgol Mornant Bl 3/4 i hybu'r GYMRAEG Yr 3/4 in a Welsh medium Football tournament</p> <p><b>5.00 – 7.00 yp</b> Bl 1 – 4 <b><u>DISCO CYMRAEG Welsh</u></b> <b><u>Medium Disco in Mold</u></b> FC / Clwb Pêldroed yr Wyddgrug</p>	<p>"Cloi" ein h'wythnos A round up of the week</p> 