

BLE YN Y BYD YDW I? / WHERE IN THE WORLD AM I?

Ydy eich plentyn yn gwybod beth yw eu cyfeiriad adref? Beth am gyfeiriad Nain a Taid? Ydynt yn gwybod ble mae'n nhw pan rydych allan a'r y penwythnos? Yn ystod hyfforddiant Heartstart yr wythnos yma, pwysleiswyd mor bwysig ydyw i'ch plentyn allu rhannu'r wybodaeth bwysig yma gyda gwasanaethau argyfwng pe bai'r angen yn codi. Gofynnwn i chi, dros y Nadolig, i gael y sgwrs yma gyda'ch plentyn.

Does your child know their home address? How about their Grandparents address, or someone with whom they spend a lot of time? Do they know where they are when you are out and about on the weekend? This week, during Staff Heartstart Training, it was emphasised how important it is that children are able to share this information with the emergency services, should the need arise. Please have this conversation with your child over the Christmas holidays.